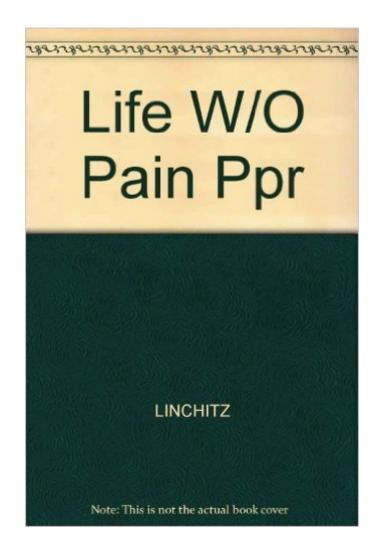
The book was found

## Life Without Pain: Free Yourself From Chronic Back Pain, Headache, Arthritis Pain, And More, Without Surgery Or Narcotic Drugs





## **Book Information**

Paperback: 188 pages Publisher: Addison-Wesley (March 1990) Language: English ISBN-10: 0201523841 ISBN-13: 978-0201523843 Product Dimensions: 5 x 0.8 x 8.7 inches Shipping Weight: 7.2 ounces Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #2,082,899 in Books (See Top 100 in Books) #225 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Pain #3780 in Books > Textbooks > Medicine & Health Sciences > Medicine > General #131473 in Books > Medical Books

## **Customer Reviews**

Lots of good information, most which works. I dip into the instructions from time to time

## Download to continue reading...

Life Without Pain: Free Yourself from Chronic Back Pain, Headache, Arthritis Pain, and More, Without Surgery or Narcotic Drugs Arthritis: Arthritis Relief for Osteoarthritis, Rheumatoid Arthritis, Gout, Psoriatic Arthritis, and Juvenile Arthritis. Follow The Arthritis Diet, Cure and Treatment Free Yourself From The Pain Defeat Chronic Pain Now!: Groundbreaking Strategies for Eliminating the Pain of Arthritis, Back and Neck Conditions, Migraines, Diabetic Neuropathy, and Chronic Illness Pain Free for Life: The 6-Week Cure for Chronic Pain--Without Surgery or Drugs Live Pain Free Without Drugs or Surgery: How to use Integrated Positional Therapy to eliminate chronic pain Walk Yourself Well: Eliminate Back Pain, Neck, Shoulder, Knee, Hip and Other Structural Pain Forever-Without Surgery or Drugs Arthritis-Proof Your Life: Secrets to Pain-Free Living Without Drugs The 7-Minute Back Pain Solution: 7 Simple Exercises to Heal Your Back Without Drugs or Surgery in Just Minutes a Day Natural Back Pain Solutions: Relieve Back Pain Fast, Heal a Herniated Disc, and Avoid Back Surgery Heroin: The Street Narcotic (Encyclopedia of Psychoactive Drugs) The Allergy Self-Help Cookbook: Over 350 Natural Foods Recipes, Free of All Common Food Allergens: wheat-free, milk-free, egg-free, corn-free, sugar-free, yeast-free The New Arthritis Cure: Eliminate Arthritis and Fibromyalgia Pain Permanently Self-help Treatment for Chronic Fatigue Syndrome, M.E., Fibromyalgia and Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E., Fibromyalgia, Chronic Fatigue) You Can Heal After Spine

Surgery: Managing pain, making decisions, preparing for surgery, and finally recovering from back and neck surgery. WHEAT BELLY DIET FOR BEGINNERS: Grain-Free, Wheat-Free, Gluten-Free Cookbooks and Recipes For Weight Loss Plans and Solutions Included! (Wheat Free Grain Free Gluten Free Weight Loss Diet Book 1) Easy Breadmaking for Special Diets : Wheat-Free, Milk- And Lactose-Free, Egg-Free, Gluten-Free, Yeast-Free, Sugar-Free, Low Fat, High To Low Fiber Yummy Yum for Everyone: A Childrens Allergy Cookbook (Completely Dairy-Free, Egg-Free, Wheat-Free, Gluten-Free, Soy-Free, Peanut-Free, Nut-Fre Wrist Pain,Neck Pain - Lower Back Pain - Should Treatments Be Focussed Only To The Area That Hurts?: A Comfortable Healthy Sleep Without Neck Pain And ... Neck Pillow, (Children health care Book 1) 8 Steps to a Pain-Free Back: Natural Posture Solutions for Pain in the Back, Neck, Shoulder, Hip, Knee, and Foot The Healthy Gluten-Free Life: 200 Delicious Gluten-Free, Dairy-Free, Soy-Free and Egg-Free Recipes!